1. Brainstorm 6 areas/items/ideas that you think are necessary for a balanced life as an entrepreneur.

**Wheel of Life for**

**Entrepreneurs**

|  |  |
| --- | --- |
| Area: | Success metric in this area is: |

1

2

3

4

5

6

1. Rank your level of satisfaction with each area of your life by drawing a line across each segment

(closer to the center of the circle for more dissatisfaction OR closer to the edge for high levels

of satisfaction). Place a value between 1 (very dissatisfied) and 10 (fully satisfied) within

each section to show how satisfied you are currently with the designated element in your life.

1. Outline the new perimeter of your circle based on your drawn lines. This new circle represents

your ‘Wheel of Life for Entrepreneurs’. You could ask, “is it a bumpy ride?”

**Reflect on your Results:**

Below are some questions to ask to reflect further on your wheel:

* 1. Are there any surprises for you?
  2. How do you feel about your life as you look at your wheel?
  3. How do you currently spend time in these areas?
  4. How would you like to spend time in these areas?
  5. Which of these elements would you most like to improve?
  6. How could you make space for these changes?
  7. Can you complete the necessary changes on your own?
  8. What help and cooperation from others might you need?
  9. What would make each section have a score of 10?
  10. What is the opportunity cost of having a score of 10 in each section?

Inspired by:

Ravi Raman, Executive Coach, “The Wheel of Life Process-Be Your Own Life or Business Coach Today”. 9 July 2015

Zig Ziglar, “Born to Win”, 6 August 2014